

resilience - how to make children strong [germany]

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Arrival	8:45 - 13:00 Welcome at FOSBOS/Technical College for Higher Education: meeting students and teachers, presenting timetable, module „resilience“, education and social system 13:00 Lunch and Teambuilding and Icebreaker Group Tasks (i.e. Video)	8:45 - 10:30 Workshop on “resilience”: Lesson in psychology on “Early bonding/needs in early childhood education” by Stephan Kleffel and Thomas Benker Presentation of the education system and their schools	08:45 - 11:15 Art workshop: Personal aims in my life – Lisa Seidl-Strohhammer 11:25 - 12:55 “Making educators and children strong” – physical exercise/ workout - Katharina Mies 13:00 Lunch	08:00 Full day: Internship at a kindergarten: “forest kindergarten”, nursery, school or kindergarten for children with special needs – students choose their institution	08:00 – 12:00 Internship same institution	Free day
Afternoon	Arrival Pick Up from Airport Guide to Accommodation	14:00 – 16:00 stroll through Traunstein, visiting the toy museum	14:00 Excursion “Mammoth Museum” in Siegsdorf: contemplative work accompanied by Katharina Mies	14:00 Documentation of the module in the computer room		13:00 – 16:00 Education Fair at FOSBOS Traunstein Presentation “EYE” to the public	
Evening	19:00 Welcome Dinner	19:00 Meeting in a Bavarian Pub (not mandatory)	Intercultural evening FOSBOS	Social activity	Social activity	Free evening	Social activity

first week

