

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---|--|---|---|---|-----------------------------------|--|
| Morning | | 10:00 Welcome at school (ESECS) 10:30 Presentation and group dynamics | 9:15 Team building 10:00 - 13:00 Workshop 01: Children in outdoor activities | 9:15 Team building 10:00 - 13:00 Workshop 03: Outdoor activities - how to attend to children's needs | 9:15 Team building 10:00 - 13:00 Learning in context 01: Visit to a Kindergarten | 10:00 Excursion 01 ⁱ : | 11:00 Optional visit : Mimo Museum and Leiria Castle (with picnic) |
| Afternoon | Arrival Pick Up from Bus Station in Leiria Guide to Accommodation | 14:30 Peddy-paper in the city | 14:30 Workshop 02: the cycle of bread: from seeding to baking | 14:30 Workshop 04: Walking by the river... Learning opportunities | 14:30 Workshop 05: Creativity and nature | | Free time |
| Evening | 18:00 Welcome dinner | 18:00 Free time | 18:00 Free time | 18:00 Free time ⁱⁱ | 18:00 Food party & workshop – learning how to cook Portuguese traditional dishes | 19:30 Free time | |

first week

ⁱ The program of the excursions will be decided along with the group. There will be presented options and it's up to the group to decide. Options:

- 1 - From UNESCO heritage (visiting Alcobaca and the Sta. Vitória's Monastery) to the sea (visiting Nazaré Beach – the famous big waves spot and surroundings)
- 2 - From UNESCO heritage (visiting Tomar – the city of Templars - and the Christ's Monastery) to deep nature (visiting Agroal's River Beach - <https://goo.gl/rLkGTs>)
- 3 – Visiting the city of Coimbra and ending the day at the Figueira da Foz beach
- 4 – From pre-history (visiting “Menino do Lapedo” archaeological site – a magical and sacred place - <https://goo.gl/rRooPn>) to Jurassic time (visiting Fórnea – a nature marvel with millions of years of history <https://goo.gl/hC1YKH>)

ⁱⁱ There is a possibility of having a visit to one of the Community Playgroups of the Brincar de Rua's program. This will be confirmed later.

